Name _____ Date _____

# My Kindness Checklist

Check a box each time you do a kind thing.

- [ ] Share my toys
- [ ] Say thank you
- [ ] Help set the table
- [ ] Give a hug
- [ ] Clean up my room
- [ ] Include someone new
- [ ] Say sorry when I am wrong
- [ ] Help a friend
- [ ] Pick up litter
- [ ] Draw a card for someone
- [ ] My own idea: _____

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